

c/o. Alderman Knight School, Ashchurch Road, Tewkesbury, Glos. GL20 8JJ

An Evening Talk by Paul Isaacs on 'Positive Thinking and Mindfulness'

Date: Tuesday, 25th June 2019 (7.00-9.00pm)

(Registration from 6.30pm)

Venue: Alderman Knight School, Tewkesbury, Glos. GL20 8JJ

Cost: FREE

Paul Isaacs is an autistic trainer, speaker, consultant and blogger. He has co-authored several books including [Life through a Kaleidoscope](#) and [Living through the Haze](#).

Paul was branded as a "naughty child" at school. He was classically autistic in his early years and gained functional speech around the age of 7 or 8 years old. He went through mainstream school with no additional help or recognition of his autism. Consequently, he did not achieve his academic or his social potential and had very low self-esteem.

After a string of unsuccessful jobs, Paul's mental health suffered. He was referred to mental health services and misdiagnosed with "Asperger traits with a complex personality", which did not satisfy. Paul was diagnosed by an experienced psychiatrist, who diagnosed him with High Functioning Autism at 24 years old.

Paul wanted to promote autism awareness and help others on the autism spectrum, in the hope that others would not have to suffer as he had. He became a speaker for an autism organisation and has not looked back! Presenting speeches, training and conducting consultancy, Paul is now a lone freelance and continues to raise the profile of autism at every opportunity.

Paul firmly believes in retaining the ASD acronym. He says there should not be a negative stigma around the word 'disorder'. His message is that Autism is a complex mix of ability and disability and every person with autism (and all people) should be a valued member of society.

To book a place: If you wish to attend this evening, please complete the booking form (below) and return to NAS Gloucestershire Branch at the above postal address. Alternatively, you may email your request to finacreed@btinternet.com. Please note that bookings need to be made in advance of the evening and are confirmed once you receive notification from the branch.

✂-----

Autism Talk by Paul Isaacs – Tuesday, 25th June 2019 (7-9pm)

Name: Tel. No:

Address:.....

..... Email:

I am a Parent/Family Member/Person with ASC/Carer (delete as applicable) and would like to book (no. of places)

I am a Professional and would like to book (no. of places)

Organisation:

Note: If booking a place for more than one person, please include additional name(s) on the reverse of this form.